

Hemophilia

Hemophilia is an inherited bleeding disorder caused by a deficiency of one of the clotting factor proteins necessary for blood to clot. Symptoms include bleeding into joints and muscles that can lead to painful crippling and deformity if not properly treated. Occasionally life-threatening bleeding can occur in the brain or other organs. Hemophilia primarily affects males.

vonWillebrand Disease (vWD)

vWD is an inherited bleeding disorder involving a deficiency or defect of the blood clotting protein called vonWillebrand factor. Symptoms of vWD include: easy bruising, frequent or prolonged nose-bleeds, bleeding following injury, surgery, dental work or childbirth. vWD is the most common inherited bleeding disorder affecting both males and females.

Treatment

Both hemophilia and vWD are treated with medicines to boost the level of factor in the body or intravenous infusions of clotting factor. Prevention of complications involves early recognition and prompt treatment of bleeding episodes.

Your Support

We would like to thank you for supporting the 3rd Annual 1 mile Fun Walk. Your support will assist with our educational programs and also the costs associated with our bleeding disorders summer camp, "Camp Independence". Camp Independence allows the campers to become independent as well as learning skills to better manage their bleeding disorders.



For More Information
visit us online at
www.hfnv.org

Reno Walk Event

HEMOPHILIA FOUNDATION
OF NEVADA
1850 Whitney Mesa #150
Henderson, NV 89014



HEMOPHILIA FOUNDATION OF NEVADA



Reno Event

1 MILE FUN WALK

Barbecue, Raffle and Games

Saturday May 22, 2010

Registration
10:00am

Walk
11:00am

**Barbecue & Raffle
follow Walk**

**Rancho San Rafael
Regional Park
1502 Washington Street
Reno, Nevada 89503
In the Chinese Pagoda**

**Proceeds to benefit the
Hemophilia Foundation
of Nevada
www.hfnv.org**

**Bring the whole family to
enjoy the walk and also help
support the Hemophilia
Foundation
of Nevada.**

You'll Be Glad You Did!

The Challenge is On!

Contact friends, family, and co-workers. Ask them to sponsor you. It can be for any amount. Send a letter to your email list. Enjoy a wonderful day with friends from camp and family. We are encouraging all to participate. Winners must be present on event day to receive prizes. Prize winners will be featured in the HFNV newsletter and website as our "Shining Stars". Exercise is very important to keep joints and muscles healthy and strong. Money raised helps to sponsor summer camp, holiday gatherings and educational meetings.

Pre-registration deadline

May 21, 2010

Entry Fees

Until May 21, 2010

1 Mile Walk \$20.00

After May 21, 2010

1 Mile Walk \$25.00

Sponsorship Walk Sign \$30.00 Each

Not Walking...Lunch

\$5.00 donation per person

Registration Form

First Name _____

Last Name _____

Address _____

City _____

State _____ Zip _____

Birth Date _____

Teams of 10 or more \$15 per person

Please register with your Team Captain

Team Name _____

Team Captain _____

Phone # _____

Waiver of Liability: in consideration of accepting this entry, I, the participant, intending to be legally bound, hereby for myself, my heirs, executors and administrators, forever waive, release and discharge any and all rights and claims for damages and causes of suit or action, known and unknown, that I may have against the Hemophilia Foundation of Nevada, it's employees, volunteers, City of Henderson, Mission Hills Park, Clark County, and all other political entities, all independent contractors for any kind of injuries suffered by me in this event. I attest that I am physically fit and have taken precautions that must be taken when participating in this event. I further assume and will pay my own medical emergency expenses in the event of an accident, illness, or other incapacity regardless of whether I have authorized such expenses. Further, I hereby grant full permission to the Hemophilia Foundation of Nevada and/or agents hereby authorized by them, to use any photographs, videotapes, recordings or any other record of this event for any legitimate purpose at any time.

Signature Participant

Guardian Signature (under 18)

Pledge Form

Each walker is encouraged to raise at least \$100...you just need to ask!

You will raise awareness about bleeding disorders and money you collect will help not only the summer camp program but will provide services to the community through education and support.

Don't forget to sponsor yourself!

Ask your parents...Ask your friends...

Ask your neighbors...

All you have to do is collect payment at the time of pledge.

Checks or money orders can be made payable to the HFNV. Turn in your pledge form along with payments on the day of the walk. It's that easy!

Sponsor's Full Name Pledge

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____

Total Collected \$ _____

Not participating in the walk, but would like to make a donation ?

Amount \$ _____

Please make checks payable to the Hemophilia Foundation of Nevada or you can visit www.hfnv.org and make your pledges using Paypal.

This is why we do it!

